



When I'm wrong

- I like to be right about the things I say and do. I don't like it when I'm wrong.
- When I'm wrong I may feel embarrassed, upset or even angry. It is OK to have these feelings but it is really important that I stay calm.
- When I've got something wrong I need to stay calm and remember that getting things wrong happens to everyone. I can also try to:
 - not worry about being wrong
 - do a calming activity
 - say "Sorry, I made a mistake."
 - tell an adult if I feel unhappy
 - ask for help so I get it right next time
- Getting something wrong can make me feel uncomfortable. I can try my best to stay calm and get it right next time.

