



Smelly People

- **Body odour is an unpleasant smell that happens when people sweat.**
- **When someone near us has body odour it can be really unpleasant. It can make us want to quickly move away from them.**
- **Sometimes we can not avoid being near someone who has body odour. When this happens it is important not to make a fuss about it. Instead, we have to try and ignore it.**
- **Sometimes the smell is hard to ignore. We can ask an adult for help. Try to talk to the adult quietly so the person with the body odour does not hear. We don't want to hurt their feelings.**
- **When other people have body odour we can try to ignore it. If possible we can talk to an adult and ask to be moved. We should always try hard so that we don't upset the feelings of someone with body odour.**

