



Playing With Myself

- **Playing with myself is when I enjoy touching my sexual parts.**
- **Sometimes it feels nice when I touch myself. It is OK to enjoy touching my sexual parts. But my sexual parts are also my private parts. This means I should keep them private. I should only touch them when I am somewhere private. This is usually my bedroom or the bathroom.**
- **Many people enjoy touching their sexual parts. But they do this in private. They do not do this in public. People do not like to see other people touch their sexual parts in public places. There are strict rules about this and it is usually against the law.**
- **I can make sure I only touch myself when I am at home and alone. If other people see me they may be upset and cross. I could get into lots of trouble if I play with myself when other people are present.**
- **Playing with myself in private is OK. Playing with myself in public is never OK.**

