



Going to the doctor

- When we are ill we sometimes need the help of a doctor
- A doctor is someone who has learnt about the body and things that make us unwell. They can also help when we injure ourselves. A doctor can often tell us the best medicine to take to make us feel better.
- There are lots of good reasons why we might need to see the doctor. But sometimes we might not feel like going: We might feel too ill or sleepy. It is still really important that we see the doctor.
- Getting help from the doctor can often make us feel better sooner. If we don't go to the doctor we might get really ill and this can be dangerous.
- Going to the doctor is something everyone needs to do to stay healthy. Doctors can help us in lots of different ways. But we don't always enjoy going to the doctor. It is still important that we do because this can make us feel better sooner. It can also stop us getting very ill.

