



Asking For Help

- **Asking for help is something we do when we want someone to help us.**
- **When we need help from someone there are rules for how we should ask. These rules depend of who we want help from, where we are and what we are doing. Here are some examples:**
 - **In class, to get attention, the rule is that we put up a hand and wait until the teacher is ready. We may have to wait a while but this is OK.**
 - **When the person we want is already talking we should wait until they stop.**
 - **Sometimes we need to wait in queue and wait for our turn to ask for help.**
 - **If is a real emergency where we need to get help immediately we can shout, wave or use any safe way to get someone's attention.**
- **Unless it is an emergency we should wait our turn to speak and use a normal voice.**

