



Deodorant

- A deodorant is a product applied to the skin to stop body odour.
- Body odour is the unpleasant smell caused by bacteria on our skin. It is worse when we sweat and when we have not washed.
- Wearing deodorant can keep body odour under control until we can wash again. People generally put deodorant on in the morning before they get dressed. Sometimes people might need to put more deodorant on after they get very hot or exercise.
- Deodorants usually come as a spray that we apply to our armpits. Our armpits are usually the place where body odour is worse and using deodorant here is often enough to keep us fresh during the day. Sometimes we may need to spray more of our body to control our body odour.
- When we do not wear deodorant and have body odour it can be very unpleasant for other people. It can make people cross and want to stay away from us.
- Most people need to use deodorant. It is usual to put some on our armpits every morning. This can make it more comfortable for us and for the people around us.

