



Oppositional Defiant Disorder Behaviour Frequency Matrix

| | Daily | Weekly | Monthly | Quarterly | Not seen |
|--|---------------------|----------|----------|-----------|----------|
| Behaviour | 4 | 3 | 2 | 1 | 0 |
| Frequency Score: | | | | | |
| Is angry and resentful | | | | | |
| Argues with adults | | | | | |
| Is often touchy or easily annoyed by others | | | | | |
| Loses temper | | | | | |
| Deliberately annoys or irritates others | | | | | |
| Blames others for their mistakes or misbehaviour | | | | | |
| Refuses to comply with adult requests or rules | | | | | |
| Spiteful and vindictive | | | | | |
| | Column Total | | | | |
| | Grand Total | | | | |

*This is not a standardised assessment tool.
Use to identify potential need only.*

Score of 25 or more – Strongly advised to consider assessment by qualified medical professional specialising in childhood behaviour. Parents should access additional services to develop behaviour management programme.

Score of 20 or above – Advised to seek support in managing challenging behaviour such as through a parenting course. Should also consider formal assessment by qualified medical professional specialising in childhood behaviour.

Score of 15 or above – Advised to access parenting advice for managing behaviour at home. School should put a behaviour management plan in place to ensure consistent response to both positive and negative behaviours. Review bi-monthly.

