



# Playground Games

## 40 - 40

**Equipment:** None

**Adult support needed:** No

**Number of children:** 4+

**How to play:**

The children agree on a home base like a bench, section of wall etc.

One child is the defender and stands facing the base with their hands covering their eyes. They count slowly to 40 whilst the other children hide.

When 40 is reached the defender shouts “40-40” and goes to look for the other children. The hiding children now have to try to get back to the base without being seen.

If the defender spots a hiding child they race back to the base and shout “40 – 40 out” and the child they’ve spotted name. The spotted child is then out.

If the child that was hiding gets to the base first then they shout “40 – 40 in” and their name. They are then home and safe. The same applies to any child who gets to the base without being seen.

The first child safely home becomes the next defender. If no one makes it home then the last child out becomes the next defender.

*If children tend to count too quickly why not try teaching them to count in French, Spanish or any other language.*

